

## **Information Following Amalgam (silver) or Composite (white) Fillings**

\* Do not bite together hard or eat on fresh amalgam fillings for 2 to 3 hours. Composite fillings set up hard right away.

\*Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks or tongue which can cause serious damage.

\* Sensitivity, especially to cold, is common for a few days following a filling. Usually, the deeper the cavity, the more sensitive the tooth will be.

\* The gum tissue could have been irritated during the procedure and may be sore for a few days together with the anesthetic injection site.

\* The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.

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