

## ORAL SURGERY POST-OP INSTRUCTIONS

Bite on gauze for 1 hour.

Keep fingers and tongue away from the operated area.

**AVOID SPITTING, SMOKING AND SIPPING THROUGH A STRAW FOR 24 HOURS.** Doing these activities can and will cause a dry socket at the extraction site.

Do not rinse your mouth for the first 24 hours, although it is permissible to drink cold or lukewarm liquids. **Smoking should be avoided for 24 hours.**

Starting tomorrow, rinse your mouth frequently with a solution of  $\frac{1}{2}$  tablespoon of salt in a glass of warm water. Continue the rinses for a few days.

If you have any discomfort, take whatever you normally take for a headache every few hours. If necessary, the Doctor will prescribe stronger medication for you.

Cold or lukewarm liquids may be taken for the first 4-6 hours. After this, any soft food is permissible. No hot liquids such as soup, tea, or coffee in the first 24 hours. No carbonated liquids (coke, sprite or any soft drinks). **Do not drink through a straw.**

Bleeding- is normal for saliva to streak with blood for a day. If any heavy bleeding is present, fold the gauze into a firm wad and place it directly on the bleeding area. Maintain firm pressure by biting for 20 minutes. The gauze may be substituted by a wet tea bag. The acids in the tea have a clotting effect.

Swelling and discoloration is to be expected in certain area, usually reaching its maximum, two days after surgery. It will disappear gradually and is no cause for concern. If desired, icepacks may be applied for the first 4-6 hours only. Alternating 20 minutes on, and then 20 minutes off.

Sutures (stitches)-If required are removed without discomfort in about 5 days. An appointment will be made for you.

Do not hesitate to call the office if you have any questions.

**Jenkins Dental Care**  
211 Highway 82 East  
Indianola, Mississippi 38751  
Telephone (662) 887-3426

## INFORMATION FOLLOWING COMPOSITE (WHITE) FILLINGS

- ❖ COMPOSITE FILLINGS SET UP HARD RIGHT AWAY.
- ❖ CHILDREN SHOULD BE OBSERVED UNTIL THE ANESTHETIC WEARS OFF. DUE TO THE STRANGE FEELING OF THE ANESTHETIC, MANY CHILDREN WILL CHEW THE INSIDE OF THEIR LIPS, CHEEKS OR TONGUE WHICH CAN CAUSE SERIOUS DAMAGE.
- ❖ SENSITIVITY, ESPECIALLY TO COLD, IS COMMON FOR A FEW DAYS FOLLOWING A FILLING. USUALLY, THE DEEPER THE CAVITY, THE MORE SENSITIVE THE TOOTH WILL BE.
- ❖ THE GUM TISSUE COULD HAVE BEEN IRRITATED DURING THE PROCEDURE AND MAY BE SORE FOR A FEW DAYS TOGETHER WITH THE ANESTHETIC INJECTION SITE.
- ❖ THE FINISHED RESTORATION MAY BE CONTOURED SLIGHTLY DIFFERENT AND HAVE A DIFFERENT TEXTURE THAN THE ORIGINAL TOOTH. YOUR TONGUE USUALLY MAGNIFIES THIS SMALL DIFFERENCE, BUT YOU WILL BECOME ACCUSTOMED TO THIS IN A FEW DAYS.

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# Jenkins Dental Care

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## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

**\*\*You May Refuse to Sign This Acknowledgement\*\***

I, \_\_\_\_\_, have read and or received a copy of this office's Notice of  
(Patient Name)

Privacy Practices.

\_\_\_\_\_  
{Please Print Patient Name}

\_\_\_\_\_  
{Your Signature or Parent / Guardian}

\_\_\_\_\_  
{Date}

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### For Office Use Only

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We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

- Individual refused to sign
- Communications barriers prohibited obtaining the acknowledgement
- An emergency situation prevented us from obtaining acknowledgement
- Other (Please Specify)

I, \_\_\_\_\_ have refused to sign this Acknowledgement of Receipt.

\_\_\_\_\_ (Date)

\_\_\_\_\_  
(W. Bradford Jenkins, D.M.D.)

# How to Take Your Prescribed Medication

## Antibiotics (Fights Infection)

- ✦ **Clindamycin** may be taken with food.
- ✦ **Penicillin** should be taken 1 hour before or 2 hours after a meal. Penicillin 500mg should be taken 4 X daily. A typical routine to take is breakfast, lunch, supper and bedtime.
- ✦ **Keflex** can be taken without regard to food, if you experience stomach discomfort, take with food. Keflex (cephalexin) should be taken twice daily, (morning and night.)
- ✦ Possible side effects: Stomach disorder, diarrhea, mild to severe rashes. If diarrhea, rash, or other allergic reaction occurs, call our office. A change in your prescription may be necessary.
- ✦ **\*\*\*\*It is necessary to finish the full prescription until all are taken as directed. \*\*\*\***
- ✦ Some medications, including antibiotics, may cause oral contraceptives to be less effective – Ask your pharmacist to be sure.
- ✦ If you do not notice a significant difference in pain relief after taking your antibiotics as directed within 24 - 48 hours, please contact our office@ 887-3426. If you are calling after hours, please leave your name and telephone number on our answering machine.

## Analgesics (Pain Relievers)

Such as **Lorcet Plus** and **Percocet**

- ✦ Most analgesics can be taken any time as needed for pain. If it causes an upset stomach, take with food approximately 30 minutes before taking.
- ✦ They may cause drowsiness; therefore, do not take with alcohol, operate heavy machinery or drive a vehicle.
- ✦ Possible side effects: upset stomach, drowsiness, dizziness.
- ✦ If you get an upset stomach when taking a medication with codeine, it doesn't mean you are allergic to codeine. A true allergy will result in a rash and/or swelling.
- ✦ Many analgesics are habit forming; therefore, we closely monitor their use.

**INFORMATION FOLLOWING  
ENDODONTIC (ROOT CANAL) TREATMENT**

- ❖ ENDODONTIC TREATMENT CAN TAKE 1 TO 2 APPOINTMENTS DEPENDING ON EACH CASE. IT IS POSSIBLE TO EXPERIENCE ANY OF THE FOLLOWING SYMPTOMS AFTER EITHER OF THESE APPOINTMENTS: SENSITIVITY TO HOT OR COLD; SENSITIVITY TO PRESSURE, POSSIBLE SWELLING.
- ❖ IT IS DIFFICULT TO PREDICT WHICH SYMPTOM, IF ANY YOU MAY EXPERIENCE AND TO WHAT EXTENT. IN COMPLICATED CASES, PAIN MEDICATION MAY BE NECESSARY.
- ❖ IF YOU EXPERIENCE SWELLING, CALL OUR OFFICE; IT MAY BE NECESSARY TO PRESCRIBE AN ANTIBIOTIC FOR YOU.
- ❖ A TEMPORARY FILLING MAY BE USED TO SEAL THE TOOTH BETWEEN VISITS.
- ❖ BE GENTLE ON THE TOOTH WHILE EATING UNTIL THE FINAL RESTORATION IS PLACED.
- ❖ DURING ENDODONTIC TREATMENT THE NERVE, BLOOD AND NUTRIENT SUPPLY TO THE TOOTH IS REMOVED. THIS WILL CAUSE THE TOOTH TO BECOME BRITTLE AND PRONE TO FRACTURING WHICH CAN RESULT IN THE NEED TO EXTRACT THE TOOTH. IN MOST CASES A FULL COVERAGE CROWN RESTORATION MAY BE RECOMMENDED TO PREVENT THIS FROM HAPPENING.

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## INFORMATION FOLLOWING CROWN OR BRIDGE TREATMENT

- ❖ FOLLOWING THE FIRST APPOINTMENT FOR A CROWN OR BRIDGE PROCEDURE, A TEMPORARY IS USUALLY PLACED ON THE TOOTH OR TEETH INVOLVED. THIS WILL PROTECT THEM WHILE THE CUSTOM RESTORATION IS BEING MADE.
- ❖ TEMPORARY CROWNS ARE OF A UNIVERSAL SIZE AND SHADE THAT ALSO SERVE A COSMETIC FUNCTION FOR FRONT TEETH. YOUR FINAL RESTORATION WILL BE SHAPED AND SHADED BETTER THAN THE TEMPORARY TO MATCH YOUR OTHER TEETH IN BOTH COLOR AND FUNCTION.
- ❖ THE USE OF TEMPORARY CEMENT IS FOR EASY REMOVAL ON YOUR NEXT APPOINTMENT. IF YOUR TEMPORARY COMES OFF BETWEEN APPOINTMENTS, SLIP IT BACK ON AND CALL US FOR AN APPOINTMENT.
- ❖ MANY CROWNS FIT BELOW THE GUM-LINE. THEREFORE, YOU MAY EXPERIENCE SOME DISCOMFORT FOR A FEW DAYS DUE TO THE IRRITATION OF THAT AREA DURING THE PROCEDURES. SENSITIVITY TO COLD OR PRESSURE IS ALSO POSSIBLE.
- ❖ AFTER THE FINAL CEMENTATION OF YOUR FIXED RESTORATION, IT MAY TAKE A FEW DAYS TO GET USED TO THE NEW CROWN OR BRIDGE. IF YOU FEEL THE BITE IS NOT CORRECTLY BALANCED, BE SURE TO CALL FOR AN APPOINTMENT FOR A SIMPLY ADJUSTMENT.
- ❖ PROPER BRUSHING AND FLOSSING IS RECOMMENDED TO HELP YOU RETAIN YOUR FINAL RESTORATION. THE ONLY AREA THAT A CROWNED TOOTH CAN DECAY IS THE EDGE OF THE CROWN AT THE GUM-LINE.

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